

Worksheet No (3)

Name	Title: Health and Lifestyle .	Date
Semester: 2	W S type.....	Class: 8
Learning Outcomes: 1- To convey information accurately.		

* Read the following article and fill in the questions below.



A- All in all, what you need to is not waste your time and take care of your health. If you do this, you will feel better.

B-Playing video games is very popular among young children. They like to play for long hours, so the screen becomes unclear and the sound effects start buzzing in their ears. What can we do about it?

C-First of all, you should limit the amount of time you spend playing games to an hour a day. If you play all day, you will waste your time.

D-Also, always have a light on and sit in a comfortable chair. By doing that, you will not damage your eyesight or have a backache.

E-In this way, you will have time for your social life and school work.

F-Secondly, you shouldn't sit too close to screen or you will have sore eyes.

1-Introduction _____

2-First suggestion _____

3-First reason _____

4-second suggestions _____

5-Third suggestion and third reason _____

6-Conclusion _____